

JCP&S Parents as Teachers

MARCH 2019 NEWS TO KNOW

WE HAVE A NEW WAY TO CHECK YOUR CHILD'S HEARING!

Thanks to a Community Support Grant from the United Way of Central Missouri, the Jefferson City Public Schools Foundation was able to purchase new audiometers for some of the JCP&S elementary buildings and an OAE hearing screener for the Southwest Early Childhood Center.



PRESCHOOL & PAT

The school nurse will use the OAE for screening children in the preschool classes and Parents as Teachers will use it during hearing and vision screenings held at Southwest.



**WE'VE BEEN TRAINED
AND ARE LOOKING
FORWARD TO USING
OUR NEW OAE HEARING
SCREENER!**



EARLY CHILDHOOD SPECIAL EDUCATION

The Educational Diagnostician and Psychological Examiners may use this as part of their evaluation process for Early Childhood Special Education.

JEFFERSON CITY PUBLIC SCHOOLS

KINDERGARTEN REGISTRATION



REGISTRATION IS NOW OPEN FOR THE CLASS OF 2032!

If you are the parent of a soon-to-be kindergartner please follow this link to access JCPS kindergarten registration information: <https://www.jcschools.us/Page/10047> Please note that after completing the online portion of registration, you will receive an email letting you know how to schedule an appointment at the Welcome Center to bring in required paperwork. Online registration can also be completed on a computer at the Welcome Center if you are unable to do it at home.

If your child will be attending parochial school or kindergarten in a district other than JCPS, you plan to homeschool, or you plan to wait a year before kindergarten, please let your parent educator know.

Families whose children attend the JCPS Preschool program (including Callaway Hills classroom) or receive services through Early Childhood Special Education will have the opportunity to meet with Welcome Center staff at Southwest on spring Parent-Teacher Conference days. If your child attends Southwest and you need assistance to complete online registration, contact our social worker Lisa Dierking at 659-3067 to set a time to use a computer at school.

There are perks to registering early! These include being able to attend a special kindergarten open house in early May for kindergarten screening and a chance to see the school, meet the

principal and kindergarten teachers, and see the kindergarten classrooms. You will also have the opportunity to enroll your child in summer school (May 28-June 20) when you complete your appointment at the Welcome Center.

Questions about registering for kindergarten? Check out Frequently Asked Questions [here](#), or contact the Welcome Center at 659-3043.

ARE YOU ONE YEAR AWAY FROM KINDERGARTEN AND THINKING ABOUT PRESCHOOL?

The Jefferson City Public Schools offers a free preschool program for children the year before they enter kindergarten (so they would need to be 4 before August 1st to attend in the fall). There are both full day and half day options at the Southwest Early Childhood Center and a full day classroom at Callaway Hills for families who reside in Callaway county. There is no busing provided for this program; parents are responsible for transportation. All families whose children attend the JCPS preschool program participate in home visits through Parents as Teachers.

For the 2019-2020 school year, families must meet Free/Reduced lunch guidelines to qualify for preschool. The program also includes a screening process to assess academic need. Screening will be held May 13-16. To register your child for a screening appointment, you may call the Southwest Early Childhood Center office at 659-3026 beginning on April 1.

CONSCIOUS DISCIPLINE® SKILL OF THE MONTH: POSITIVE INTENT

<https://youtu.be/RpsrjgYyzNs>



Dr. Becky Bailey says the ultimate lesson from the Power of Love and Skill of Positive Intent is that "children cannot act differently until they are seen differently." That means that we as adults need to shift our thinking to focus on the why behind the behavior so we can teach children the skills they need rather than punish them for not having the skills yet. The "magic words" that can help us to do that are "YOU WANTED." For example:

Step 1 – Positive intent: "Noah, you wanted Angie to know you felt angry."

Step 2 – Notice: "So you hit her."

Step 3 – State the missing skill: "You didn't know what else to do."

Step 4 – Set limits: "You may not hit. Hitting hurts. It is not safe."

Step 5 – Teach: "When you want to let someone know you felt angry, say, I don't like it when you _____. Next time say _____."

Step 6 – Encourage: "You did it! You shared with Noah how you wanted her to treat you and she shared with you how she wanted to be treated."

From <https://consciousdiscipline.com/free-resources/book-portal/chapter-9-positive-intent/#9activitytopracticepositiveintentforhurtfulactions>

MARCH PARENTS AS TEACHERS CALENDAR:

Events will be held at the Southwest Early Childhood Center (812 St. Mary's Blvd. in Jefferson City) unless otherwise noted. Please use the main front door (the one with stairs leading up from St. Mary's Blvd. and the marquee sign in the grass out front.). Parking is around the sides and back of the building.

Various Dates: Child health, hearing, vision, and developmental screening by appointment for families not receiving home visits (including those waiting for a parent educator or participating in PAT Lite). Limited spots available for children ages 3-5 years, more spots available for children ages 3 months-35 months. Sign up at <https://www.signupgenius.com/go/20f0449aeaa2aa4fb6-child14>. If none of the spots available work for you or if your child is 3-5 years of age and you don't see any DIAL screening spots available, please contact us at (573)659-2350 or katie.epema@jcschools.us and our early childhood screener will contact you to schedule an appointment.

Saturday, March 2: [Dr. Seuss Birthday Bash](#) hosted by the United Way Early Childhood Initiative's Advisory Board, 9:30-11 a.m. at Capital Mall's center court and down the former Sears wing. Free fun for all families with children birth-5 years. Storytimes, MOCHIP Child IDs, hands on activities provided by your parent educators, other community organizations, and several businesses in the mall, and a special showing of "Go, Dog, Go" at 11 a.m. by Itsy Bitsy Broadway. Please consider bringing a new pair of child or adult socks for the Fox in Socks Sock Drive benefiting Project Homeless Connect and the United Way of Central Missouri.

Tuesday, March 12: *Conscious Discipline® Parent Night Series #7: Positive Intent* at the Hawthorn Bank Community Room (3600 Amazonas), 6-7:30 p.m. Adults only; advance registration is required at <https://www.signupgenius.com/go/20f0449aeaa2aa4fb6-20182019> Learn how to turn resistance into cooperation by seeing the best in others. If you need

childcare for the event, please contact Katie Epema at katie.epema@jcschools.us or (573)659-2350. There are just a few spots for childcare available with advance registration, and care is limited to families enrolled in JCPS Parents as Teachers (including PAT and those on the waiting list) or another program at the Southwest Early Childhood Center.

Monday, March 25-Friday, March 29: Drop In and Play Center is closed

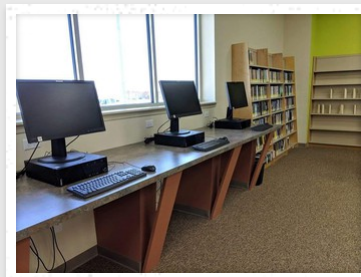
Save the Date:

Thursday, April 4: Drop in and Play Center is open 4-7 p.m., KidSight Vision screening from 4:30-6:30 p.m.

Tuesday, April 9: Conscious Discipline® Parent Night Series #8: Consequences. Adults only; advance registration is required at <https://www.signupgenius.com/go/20f0449aeaa2aa4fb6-20182019> Registration for childcare for families enrolled in JCPS Parents as Teachers (including PAT and those on the waiting list) or another program at the Southwest Early Childhood Center opens on March 13 by contacting Katie Epema at (573)691-0253 or katie.epema@jcschools.us.

Registration is now open for Read from the Start, presented by the Missouri Humanities Council on Monday, April 29 from 6-8 p.m. Adults only; advance registration is required as there are minimum and maximum participant requirements to hold this session. Childcare will be provided if needed. (Childcare registration will open April 1st, but you can register adults for the class now at <https://www.signupgenius.com/go/20f0449aeaa2aa4fb6-read>). During this program participants read/discuss children's books and explore fun activities to enhance story time and nurture early literacy skills in their children. Participants get to bring home 5 books.

**HOLTS SUMMIT LIBRARY TO OPEN MARCH
5TH! IT IS LOCATED IN SUMMIT PLAZA (188
W. SIMON BLVD.)**



LIBRARY HOURS:

For now, it will be open Monday, Tuesday and Thursday from 3-6 p.m., Wednesday from 10 a.m.-6 p.m. and Saturday from 10 a.m.-1 p.m.

EVENTS:

Classes and events for the whole family will be held. [Click here](#) for more information.

SERVICES:

Borrow books, movies and music, and use the public computers and free Wi-Fi. Library-to-go lockers and book drop box will be located in front of the library.

MARCH COMMUNITY EVENTS:

Runge Nature Center Children's Programs: Terrific Trout

From browns to 'bows, trout have made a splash in Missouri! Swim in to learn more about why these beautiful fish are special, how to tell trout apart, and even how to catch trout!

Registration begins at 8 a.m. on March 1st for the March programs. Go to

<https://mdc.mo.gov/centralevents> to sign up for a program requiring registration. Call 1-888-283-0364 if you have questions about registration OR 573-526-5544 for questions about an event. If you are unable to attend a program, please cancel as a courtesy to those on the waiting list.

Babes in the Woods- Registration required. (ages 0-2 years)

Friday, March 8 - 10:00am to 11:00am

Tuesday, March 19 - 10:00am to 11:00am

Little Acorns- Registration required. (ages 3-6years)

Wednesday, March 13 - 10:00am to 11:00am

Tuesday, March 26 - 10:00am to 11:00am

Little Acorns PLUS- Registration required. (For this program, you need one child in the 0-2 age range AND one child in the 3-6 age range.)

Friday, March 15, 2019 - 10:00am to 11:00am

Morning Movies at Capital 8 Theater, 10 a.m. Fridays-Sundays in March & April. Consider using the rating system on the [Common Sense Media website](#) (search the title) to help you decide if the movies you plan to see are appropriate for your children. Those belonging to the FMG Rewards club can see any movie in the series free of charge (up to 6 tickets per show). Small fee for non-members.. Joining the FMG Rewards club is free at the theater or

<https://www.goodrichqualitytheaters.com/rewards>

3/1-3/3: Teen Titans Go (PG)

3/8-3/10: Sherlock Gnomes (PG)

3/15-3/17: Smallfoot (PG)

3/22-3/24: House With a Clock In Its Walls (PG)

3/29-3/31: Hotel Transylvania 3 (PG)

Tuesday, March 5: Healthy Shopping on a Budget at the Cole County Health Department, noon-1:30 p.m. See more information and sign up [here](#).

Friday, March 8: JC Reads: Drop Everything & Read! at 9:30 a.m. *JC Reads is a special area-wide reading literacy initiative with the theme "Reading Builds Community. We're all on the same page." To celebrate this program, join us in dropping everything and reading for twenty minutes at 9:30. Post pictures of you and/or your family reading on Twitter and Facebook with hashtag #JCReads. You can do this wherever you are, or join a special story time in the Missouri River Regional Library art gallery from 9:30-10 a.m.*

Friday, March 8: Sensory Play Day for Young Ones at Missouri River Regional Library, 10-11:30 a.m. An open learning and play time featuring a variety of sensory activity stations.

Monday, March 11: Royal Tea Party at Holts Summit Public Library, 5-5:45 p.m. Attention princesses, princes, dragons and knights! You are cordially invited to an evening of royal stories, crafts and refreshments. Costumes welcome. Cameras encouraged. Ages 4-8 with an adult.

Tuesday, March 12: Cooking Class presented by Kolbi Ward, director of The Pantry, noon-1 p.m. at the Cole County Health Department. This is an informative and hands on class which will include meal prep and cooking lessons. All skill levels will benefit from these easy tips: how to prep foods for quick, nutritious, and filling meals; how to customize recipes; and new ideas for WIC foods. Each participant will take home enough prepped items to make at least one family-sized meal. Register at thepantryjc@gmail.com or on Facebook through The Pantry JC or Cole County WIC.

Tuesday, March 12: Beating PPD and Anxiety at Whaley's Mommy & Me, 6-7 p.m. Postpartum Depression & Anxiety are very common. You're not alone and there are resources to help. Beth Orns, MSW, LCSW, Manager of Patient Family Support Services at Missouri University Psychiatric Center, tackles this topic. Learn to recognize the symptoms and signs of PPD & Anxiety and how to beat it. This will be a great class for expecting moms, new moms, and moms again, as well as partners and family members supporting mom. Learn more and register [here](#).

Friday, March 15: Family Movie Night (Ralph Breaks the Internet, PG) at Missouri River Regional Library, 6 p.m. Blankets and pillows welcome! Light snacks will be provided. NOTE: This is an after-hours program- the library doors will be closed at 6:15 pm.

Saturday, March 16: Saturdays @ Runge: Amazing Amphibians at Runge Nature Center, 10 a.m.- 2 p.m. No registration required. Peepers peep, tree frogs trill, and salamanders slide! Come join us for a fun day learning about our Missouri amphibians. We will have crafts, activities, and guided walks with nets and a naturalist!

Wednesday, March 20: KidSight Vision Screening at Missouri River Regional Library, 10-11 a.m. Representatives from KidSight will offer quick, free vision screening for children six and under.

Saturday, March 23: Beating PPD and Anxiety at Whaley's Mommy & Me, 10-11 a.m.. Postpartum Depression & Anxiety are very common. You're not alone and there are resources to help. Beth Orns, MSW, LCSW, Manager of Patient Family Support Services at Missouri University Psychiatric Center, tackles this topic. Learn to recognize the symptoms and signs of PPD & Anxiety and how to beat it. This will be a great class for expecting moms, new moms, and moms again, as well as partners and family members supporting mom. Learn more and register [here](#).

Saturday, March 23: Native Plant Sale at Runge Nature Center, 10 a.m.-2 p.m. No registration required. The sale is in partnership with the Grow Native! program of the Missouri Prairie Foundation. There will be vendors, lobby activities, demonstrations, and displays.

March 25-April 8: Storybook Trail (Clifford the Small Red Puppy) on West Edgewood Greenway. Starting at 3 p.m. on the starting date; reading, exercising, and family time all in one-run, walk, or ride your bike.

Wednesday, March 27: Flights of Fancy With Jay and Leslie's Laughing Matters at Holts Summit Public Library, 2-2:45 p.m. Jay and Leslie Cady are award-winning professional entertainers with more than 6,000 performances under their belts. These students of famed mime Marcel Marceau have been twice nominated for Best of Kansas City Theater awards and won the Lighton Prize in 2010 for excellence as teaching artists. At this summer reading preview, enjoy juggling, stories, orbits and more bits to tickle your funny bone. High-flying fun at your library? You can plan on it! For families, ages 4 and older

Thursday, March 28: Discover Nature: Spring Symphony at Runge Nature Center, 6:00- 7:30pm. Registration required (all ages). [Click here to register](#). The sounds of spring are a welcoming symphony following a cold, silent winter. Join us and reveal the animals creating the songs during a short inside program followed by an evening walk on one of our trails to listen and identify.

Friday, March 29: Kinderdance with MidMo Conservatory of Dance at Missouri River Regional Library, 10:30-11:15 a.m. Come and enjoy 45 minutes of ballet, tap and tumbling with MidMo Conservatory of Dance. No experience or shoes necessary.

Friday, March 29: Animal Feeding at Runge Nature Center, 2-3 p.m. No registration required. The animals are hungry! Join us and watch as we feed the snakes, aquarium fish, and snapping turtles.

Saturday, March 30: Saturdays @ Runge: Missouri Mushrooms at Runge Nature Center, 10 a.m.- 2 p.m. No registration required. Learn more about the variety and identification characteristics of common Missouri mushrooms with mycologist Malissa Briggler. We'll talk about edible mushrooms such as the beloved morels, along with the sinister destroying angel mushroom. Presentations at 10 AM and 1 PM. Displays and other activities ongoing.

Saturday, March 30: Animal Tales Presents: Born to Be Wild at Holts Summit Public Library, 11-11:45 a.m. The animal kingdom is full of all sorts of unique noises. But why do animals make so many different types of sounds? The educators of Animal Tales will introduce you to a few live animal guests and talk about animal sounds. You and your family will have a chance to interact with some animals and ask lots of questions. Families, suggested for ages 4 and older.

ONGOING COMMUNITY EVENTS:

Tuesdays: Preschool Story Time at the Missouri River Regional Library's Art Gallery, 10:30-11:00 am. Stories and music for preschoolers, ages 3-5. www.mrrl.org

Tuesdays: Mommy Club at the Salvation Army (927 Jefferson St.), 9:30-10:30 a.m. Designed for moms with babies and toddlers (up to 3 years old). A time to meet other moms and enjoy a time of fellowship, find parenting support and advice, learn new ways to engage with your baby or toddler, and allow your little one to play with others. Call (573) 635-1975 ext. 1 with questions.

Wednesdays: Music & Making at LabSpace Robotics (across from Joann Fabrics in the Capital Mall) at 10 a.m. Crafts, hands-on activities, and playtime followed by a sing-along with cool rhythm instruments. Activities will be geared for older 2-year-olds through pre-k. Siblings are welcome to participate. Tuition: \$4 per maker with a max of \$8 per family. Register at www.labspacerobotics.com or call (573)645-0800.

Wednesdays: Family Storytime at Missouri River Regional Library (art gallery) from 10:30-11:30 a.m. Stories, music, crafts, and activities for children of all ages. www.mrrl.org

Wednesdays: Family Songs and Stories at Holts Summit Public Library from 10:30-11 a.m. Enjoy songs, stories, flannelboards and activities for families with children birth to age 4.

First Wednesday of each month: Missouri Child Identification Program (MOCHIP) Child ID event at the Cole County Health Department (3400 W. Truman Blvd.). Time varies so contact 636-2181 to verify. This month it will be from 1-3 p.m. MOCHIP is a free, comprehensive child identification program designed to give families a measure of protection against the ever increasing problem of missing and abducted children. The program offers digital photographs, fingerprints, child information and emergency contacts on a CD. Dental bite impressions, DNA sampling capability, scent sourcing for trained canine tracking and 2 laminated ID cards are also provided. Information is compatible with the AMBER alert system. No information aside from a signed parental permission slip is retained by the Masonic Children's Foundation, Capital Shrine Club, or Cole County Health Department. Call (573)636-2181 with questions; forms can be downloaded ahead of time at www.mochip.org

First Wednesday of each month: KidSight Vision Screening at Cole County Health Department (3400 West Truman, Blvd.). Time varies so contact 636-2181 to verify. This month it will be from 1-3 p.m. Representatives from KidSight will be there to offer quick, free vision screening to check for nearsightedness, farsightedness, astigmatism, amblyopia ("lazy eye"), and other vision concerns.

1st and 3rd Fridays: Rhyme Time at Missouri River Regional Library (story hour room). Come from 10-10:30 OR 10:45-11:15 a.m. A special time of music, movement, and socialization for babies and their caregivers ages two and under. www.mrrl.org

Fridays: Itsy Bitsy Music Time & Story Time at Itsy Bitsy Broadway at Capital Mall (across from Joann Fabrics) 10-11 a.m. These are programs for early learners focusing on a positive and interactive experience with music, stories, and puppetry. Details at www.facebook.com/musetheatreco or on their Facebook event [here](#).

Imagination Station at Capital Arts offers an art education opportunity for children and adults of all ages. Open Monday-Friday 12pm-6pm, Saturday 1pm-4pm and Sunday 1pm-4pm. The Capital Arts Imagination Station is designed for children and adults alike to drop in and create art! (no children left unattended) Although it is geared towards children as young as preschoolers, adults are always welcome. The Imagination Station is equipped with recycled materials (plastic containers, paper towel tubes, egg cartons, etc.) as well as scissors, glue sticks, crayons, markers and paint. Suggested donation of \$1/person. <http://www.capitalarts.org/imaginationstation>

Open Gym at Tiny Tumbler Gym: Open Gym days are a no-enrollment free play time for kids while parents supervise. \$5 per child, ages 2-6 years. Tiny Tumbler Gym is now located in the Capital Mall in the old Sears wing. Verify session times and location at <https://www.facebook.com/TinyTumblerGym>



STAY CONNECTED WITH US!

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